



Modern English School Cairo

Primary Newsletter



Care, Challenge, Inspire

Issue 3 – PINK Edition

3rd November 2019

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Leading the Way with Wellbeing

On Thursday 18th October 2019, the whole school community was united once again in raising greater awareness of Breast Cancer research, prevention and support as part of our annual Pink Day event. Students and staff had the opportunity to swap their usual uniforms and clothes to wear specially designed T-shirts. Pink ribbons, wrist bands and cupcakes were on sale throughout the day. We are extremely proud to announce that the school raised a total of 150,000LE to donate to the Breast Cancer Foundation of Egypt (BCFE). This year the focus was on 'Wellbeing' with the Primary Pioneer students, leading a 'Wake and Shake' dance routine before lessons and fun break time activities focused on fitness and relaxation. The wellbeing of all members of staff, students and parents at MES Cairo is fundamental to our philosophy and ethos of Caring, Challenging and Inspiring.





In FS1 Yellow...

...we have formed friendships with our new classmates and learned how to play and work together in a group. Under our first topic 'Marvelous Me', we have enquired into our five senses, our feelings, our families as well as the meaning of friendship. One of our favourite stories that we have read together as a class has been, 'The Rainbow Fish' by Marcus Pfister. We have enjoyed extending our learning beyond our classroom and the Pod, with sensory walks around the atrium and a number hunt and a shape hunt to different areas around the school.





In FS2 Yellow...

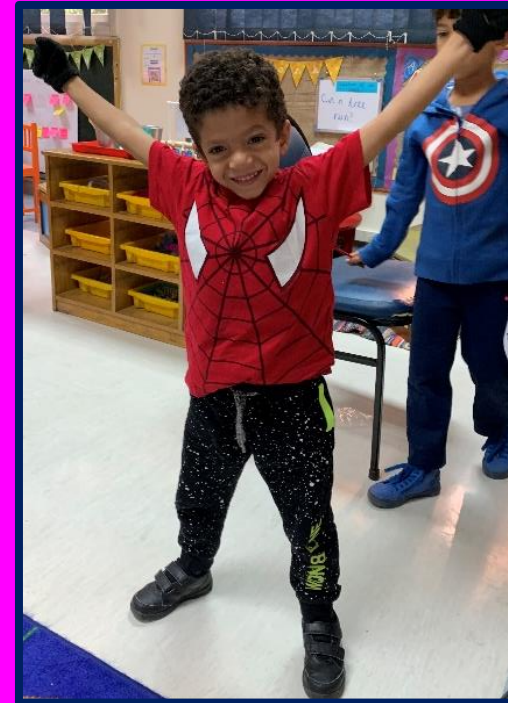


...we engaged in a week full of fun activities to raise awareness for our wellbeing. Pink Day activities were the highlight of this week. We enjoyed a lovely yoga session where we learned how to breathe and stretch our bodies to do different yoga poses. To promote healthy eating, we chose our favourite fruits, learned how to cut them into smaller pieces and then enjoyed having them as a healthy snack during the day. Finally, we finished off our wellbeing week by learning different types of dancing.



In Year 1 Yellow...

...we ended our 'Super Me' topic with a special superhero day. We dressed up as superheroes to celebrate our hard work throughout the first half term, where we looked at different superhero books to inspire us in our English lessons, created superhero capes in Science while learning about different materials, and completed lots of different superhero number problems in Maths. It was a 'super' first topic for the start of our learning journey in Year 1. During our superhero day we had a rotation of fun superhero activities, followed by a dish party – an incredible way to end our topic.





In Year 2 Yellow...



...we have been learning about how the Great Fire of London, which happened in 1666, was extinguished. We know the people of London needed to work as a team to put out the fire. To experience this for ourselves, we worked as a team to transport water from the middle of the field all the way to the end of our line. Ms Sam was really impressed with our teamwork skills and the way we encouraged each other throughout the task.



In Year 3 Yellow...

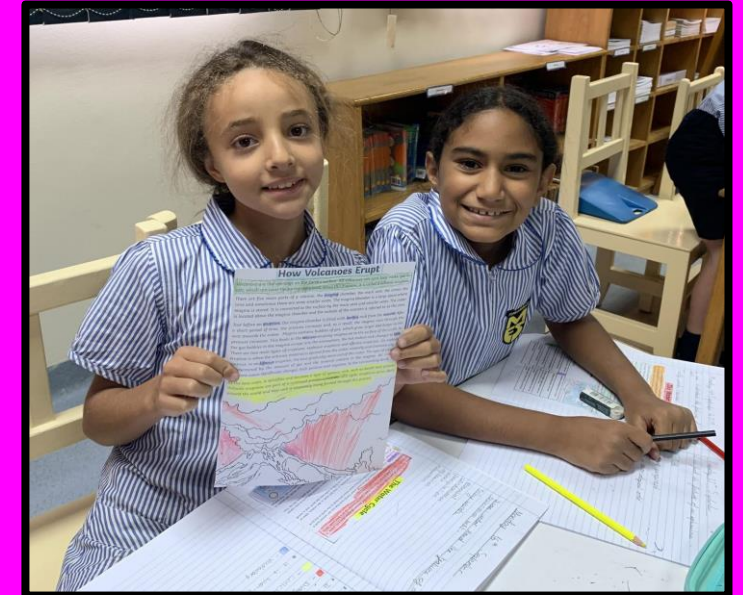
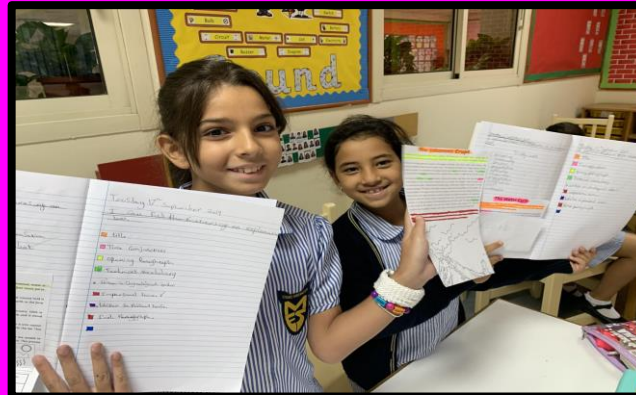
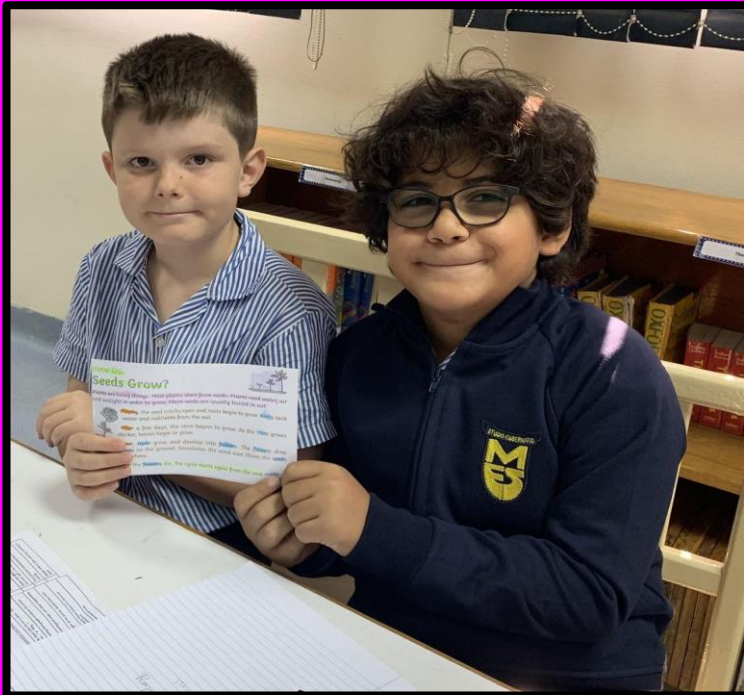
...we have been learning about how to write a recount, working on injecting as much interesting detail into our recounts as possible to make them entertaining for the reader. We are using exciting adverbs, verbs and adjectives, as well as different connectives. To help us learn the structure of a recount, we have been acting out our example text. Our next step was writing our own recount to captivate the reader. Alongside this, we were rehearsing for the Year 3 Concert which was all about making the world a better place. We wanted to encourage everyone to think about how they can help the environment.





In Year 4 Yellow...

...we have been working very hard in our first writing genre based on explanation texts. We wrote our own explanations about animal life cycles independently but we also enjoyed opportunities to do some group work and discuss the features of the text with partners. We discovered that being reflective and working with our friends is also helpful when we need to edit our work to check for spelling and grammar errors.





In Year 5 Yellow...



...we have been walking in the shoes of others and looking at the impact of migration on people around the world. We started by exploring the idea of migration involving people we already know, listening to the stories of those in our own families who had a desire to travel or live away from home as well as researching those who have had to move from their homes for other reasons, such as natural disasters. The stories we heard were incredible and we created reports about those affected by tsunamis, earthquakes and volcanoes through history. We even went as far as creating our own volcanoes in art class with Mr Williams to get an idea of the destructive power of nature.



In Year 6 Yellow...



...we thoroughly enjoyed listening to the students from Cairo University who recently shared their expertise and enthusiasm for Science with Year 6. The University students had worked together as a team in order to design, build and race cars. They have developed various types of vehicles including urban, prototype and autonomous designs. The cars were actually entered into various competitions, the most recent ones being in Singapore and Malaysia. We were excited to be able to observe one of the cars being driven on the road outside school, which had been cordoned off to ensure the safety of the driver Mohamed Salah (not the footballer!), as well as that of the spectators.



In Computing...

...we have been using Scratch in Year 6 to create our own versions of Super Mario. During our lessons, we have been learning to include 'If Touching' variables and exploring different types of input and output available to us. Our Year 2 students have created some wonderful different repeating loops as our sprites change colour, size and make a wide range of animal sounds. The Year 4 classes have created their very own scientific vocabulary spelling quiz. Students recorded their own voices and coded some fun educational resources for their friends to use.





Google Gurus APP recommendation...

... in line with our Whole School focus on wellbeing we are excited to share the Smiling Minds App which has many useful ideas to develop approaches to wellbeing for students both in school and at home. For example, students are encouraged to spend some time each day to enjoy reading or doing gentle exercises for relaxation. The Smiling Mind app is available through the Apple app store or Google Play store and is free to download and use to promote mindfulness for children.





Coming Up Next...

Wednesday 28th November

Year 6 Production in School Theatre (9.00am)

Sunday 1st December – Thursday 5th December

Primary Photos